

## SSACT PRIMARY REGION TRACK & FIELD PROGRAM OF EVENTS



	GIRLS					BOYS					6
	8 Years	9 Years	10 Years	11 Years	12/13 Years	8 Years	9 Years	10 Years	11 Years	12/13 Years	Session
8:30am			800	800	800			Shot Put	Long Jump	Discus	1
9:30am			Shot Put	Long Jump	Discus			800	800	800	2
10:30am	70	70				70	70	Long Jump	Discus	Shot Put	3
10:45am			200	200	200						3
11:30am	100	100	Long Jump	Discus	Shot Put	100	100				
11:45am								200	200	200	4
12:30pm			100	100	100			Discus	Shot Put	Long Jump	5
1:30pm			Discus	Shot Put	Long Jump			100	100	100	6

## Notes:

- 1. The 100 Metre events will be run as separate age group events.
- 2. The Start Times shown are indicative only. No Session will start earlier than the time shown but may start late due to circumstances beyond the control of the carnival management